



## **An Experiential Model of Therapy Through the Metaphor of the Horse**

**July 15<sup>th</sup>, 2011  
9:00-4:00**

**Facilitated by: Audrey Lidke LISW, LPC and Judy Dawley MSW, LICSW**

What's new in working with children, adolescents, individuals, families, couples and groups? Horses! Yes, horses have been added to the therapeutic tool kit used by mental health professionals to aid in the treatment of a wide range of mental health issues. These include but are not limited to depression, grief and loss, trauma, addictions, anger management, divorce, and of anxiety.

Equine assisted psychotherapy (EAP) is a hands-on, experiential methodology that can serve as a stand-alone therapeutic intervention or can be easily interwoven into therapeutic services already being offered to clients.

### **Learning Objectives:**

Participants will be able to describe:

- The dynamics of Equine Assisted Psychotherapy
- Therapy modalities used in Equine Assisted Psychotherapy
- The Code of Ethics for Equine Assisted Psychotherapy
- The Treatment Team Requirements
- Why Horses
- How to incorporate Equine Assisted Psychotherapy into current therapeutic services.

**Contact Hours:**

This workshop provided 6.5 contact hours and will meet the 2 hour ethics training requirement.

**Location:** 5645 Meadow Drive SE, Rochester, MN. This workshop will take place in a horse's natural environment—a barn. Participants are asked to dress casually. No open-toed shoes please. This is not a riding workshop. Activities may take place in an indoor and/or outdoor arena. The ground may be uneven in places and this is not a nonsmoking facility.

**Registration Fees:** \$135.00 per person if registering by June 2<sup>nd</sup>.  
\$150.00 for late registration.

Tuition includes printed materials and refreshments.

**Cost:** \$120 for NASW members                      \$150 for non-members  
          \$100 BSW NASW members                    \$80 for Student/Retired?Unemployed  
          \$80 for Student/Retired/Unemployed Non-NASW members

\$15 late fee for registrations after July 8,2011

\$7 Lunch:    Veggie            Roast Beef            Chicken

Registration online at [www.naswmn.org](http://www.naswmn.org)

A 30 minute lunch break will be on your own.

**Bios:**

**Audrey Lidke** earned her master's degree in counseling from Troy State University in Troy, Alabama. She is a Licensed Independent Social Worker and a Licensed Professional Counselor by the state of MN Board of Social Work and the MN Board of Behavioral Health and Therapy. She is certified as both a Mental Health Professional and an Equine Specialist by the Equine Assisted Growth and Learning Association.

Audrey has over 30 years of experience as a Counselor at Rochester Community and Technical College where she provided mental health support to students experiencing a wide range of emotional distress. She also has 12 years of experience as a county social worker.

**Judy Dawley** obtained her master's degree in clinical social work from the University of Thomas. She is licensed as an Independent Clinical Social Worker by the MN Board of Social Work and certified as a Registered Play Therapist-Play Therapist Supervisor through the National Association for Play Therapy. She holds certification as both a Mental Health professional and Equine Specialist by the Equine-Assisted Growth and Learning Association.

Judy has extensive training in a variety of therapeutic interventions designed to help clients resolve a broad range of issues that negatively impact their lives. She has over 13 years of clinical experience in providing therapeutic support and trauma resolution to children, adolescents, adults and families.

**Contact Information:**

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